

NSW Scouts Adventurous Activities

Scoutskills Prior Achievement Recognition & Guide Observation Capture Sheet

Safe & Trained Participant Canoeing Flatwater

Many Venturers, Rovers and Leaders have obtained the skills necessary to gain recognition through achievement on either the Youth Program or previous iterations of the Scoutskills framework. This capture sheet provides an avenue to request recognition of those achievements.

Other Leaders may have entered Scouts with significant outdoor experiences. Again, this capture sheet provides an avenue for such a Leader to have their experience recognised through a conversation with, or observation from, an appointed NSW State Adventurous Activity Guide.

Situation	Action	Yes / No
I am a Youth Member who has achieved OAS Stage 5 Canoeing in the Youth Program, and I have a logbook that has recorded three canoe trips in the past three years on flat water less than 1kt and within 400m of the shore.	Export OAS Achievements from Terrain and provide them with your logbook as evidence and request a discussion with a Guide.	
I am an Adult Member who has achieved Level 2 Canoeing, and I have a logbook that has recorded three paddles on flat water less than 1kt and within 400m of the shore in the past three years.	Provide your logbook and request a discussion with a Guide.	
I am an Adult Member or Rover who has previous Canoeing experience, and I have a logbook that has recorded three paddles on flat water less than 1kt and within 400m of the shore in the past three years.	Find a Guide and have a conversation about your experience.	
I am an Adult Member who does not have much Canoeing experience.	Discuss with a Guide the most appropriate way to obtain knowledge and experience.	

Scoutskills for Safe and Trained Participants are awarded by a NSW Adventurous Activity Guide who holds Lead in the area.

The Scoutskills Sessions, which make up the Safe and Trained Participant Canoeing Flat Water, with their assessment basis, are outlined in the following table which is based on Version 2.5 of of Appendix 3 of the NAAF dated January 2021.

Scoutskills	Unit	Assessment Criteria	Session Name
Safe Participant - Paddling Flat Water	SISOCNE001	https://training.gov.au/TrainingComponentFiles/SIS/SISOCNE001_AssessmentRequirements_R1.pdf	Paddle a craft using fundamental skills
	Safe Participant Paddling Flat Water plus Trained Participant Core		
Trained Participant - Canoeing flat water	SISOCNE002	https://training.gov.au/TrainingComponentFiles/SIS/SISOCNE002_AssessmentRequirements_R1.pdf	Paddle a canoe on inland flatwater
	SISOFLD006	https://training.gov.au/TrainingComponentFiles/SIS/SISOFLD006_AssessmentRequirements_R1.pdf	Navigate in tracked environments

Practical and Knowledge

Work with a Guide to document your knowledge and experience. Typically this will be a conversation with questions and answers and an opportunity to share evidence. Mandatory elements:

Element	Not Observed	Not Yet Competent	Competent
Session: Paddle a craft using fundamental skills			
I have completed three trips under the direction of a leader following an Activity Plan.			
I can control a craft forward, reverse and change direction using: <ul style="list-style-type: none"> • forward and reverse paddle • forward and reverse sweep • stern rudder • low support • emergency stop 			
I have participated in two simulated capsize self rescues swimming myself and my canoe 50 metres to shore.			
I understand organisation procedures for canoeing activities and the role of Risk Assessment and an Activity Plan.			
I can explain clothing and reasons for layering, types of footwear and exposure protection (sun, wind and water).			
I can explain parts of a paddle and canoe and how to store equipment in the canoe.			
I can explain the features of a lifejacket and how to fit and adjust.			
I can detail the calls and communications, including whistles and paddle signals			
I can demonstrate safe manual handling techniques, including safely moving the canoe and embarking and disembarking.			
I can list typical hazards and controls likely when canoeing on flat water			
I can explain effective paddle techniques, including the position of hands, paddle entry and recovery, core stability and trunk rotation.			
I explain methods to self-rescue, including extricating from a capsize and a deep water re-entry.			
Session: Navigate in tracked environments			
I have navigated three routes (or parts) determined in three Activity Plans and used and understood techniques such as map-to-ground, distance and time, guard rails, feature collection, catch points and confirming location to grid references.			
I have adjusted my plan in the field and navigated that adjustment using a map and compass.			
I can explain an Activity Plan and Risk Assessment and explain my role in navigation.			
I can explain sources and types of maps and their uses, and different ways to access and display maps.			
I can explain the different information and colours on a map and the symbols they represent.			
I know the features of a compass, how it works and what impacts accuracy. I know how to test a compass.			
I can use a map and compass together, including orienting the map and maintaining a route.			
I know what features on a map will help me navigate.			
Session: Paddle a canoe on inland flat water			
I have completed three trips under the direction of a leader following an Activity Plan. One trip includes a solo paddle.			

Element	Not Observed	Not Yet Competent	Competent
I can control a craft forward, reverse and change direction using: <ul style="list-style-type: none"> • forward and reverse paddle • forward and reverse sweep • bow draw strokes • feathered and sculling draw • forward J stroke • low support • emergency stop 			
I have participated in two simulated capsize self rescues swimming myself and my canoe 50 metres to shore.			
I have completed three deepwater rescues using X, T or curl rescues.			
I have provided one contact tow and one tow with a towline and quick release system.			
I understand organisation procedures for canoeing activities and the role of Risk Assessment and an Activity Plan.			
I can explain clothing and reasons for layering, types of footwear and exposure protection (sun, wind and water).			
I can explain parts of a paddle and canoe, how to store equipment in the canoe, and how to adjust to managing stability and trim.			
I can explain the features of a lifejacket and how to fit and adjust.			
I can detail the calls and communications, including whistles and paddle signals.			
I can demonstrate safe manual handling techniques, including safely transporting, lifting, securing and moving the canoe.			
I can list typical hazards and controls likely when canoeing on flat water.			
I can outline techniques to embark and disembark.			
I can explain effective paddle techniques, including the position of hands, paddle entry and recovery, core stability and trunk rotation.			
I explain the advantages of different types of deep water rescues and the roles and responsibilities in a rescue.			
I can tie appropriate knots for canoeing, including tying on, joining and quick release.			

Note: Sessions may have been achieved through other Scoutskills qualifications. Where this is the case, cross out the applicable Session.

