2023 South Met Scouts Snow Spectacular Handbook

NSW 2023 South Met Snow Spectacular

Program

4/8/2023	Friday Evening	
10:15 pm	Arrive Jindabyne Alpine Centre Centre opens 4:00pm	
10:45PM	Curfew lights out Alpine Centre	
5/8/2023	Saturday	
6:00 am	Rise and shine Up and breakfast	
6:15 am	Good morning and welcome to the school, introductions	Patrol Leaders and Guides intro
7:00 am	Cars and bus depart Jindabyne	
7:45 am	Arrive Perisher Pipers Gap	
8:00 am	Patrols rally at Pipers Gap	
8:15 am	Basic lessons begin activities on snow	
12:00 pm	Lunch	
12:45 pm	Begin circuit activities	
4:00 pm	Depart for Jindabyne	
5:00 pm	Arrive Jindabyne and free time	
6:30 pm	Dinner	
7:00 pm	Dinner finish and presentation	
8:15 pm	Free time for some – paperwork, folios for others.	
9:00pm	Free time for participants / Admin and PLs meeting	
9:30pm	Free time for all	
10:00 pm	Lights out curfew	
6/8/2023	Sunday	
6:00 am	Rise and shine Up and breakfast	
6:30 am	Personal kit moved into outside buildings/ cars. Vacate Alpine centre	
7:00 am	Cars depart Jindabyne	
7:45 am	Arrive Perisher Pipers Gap	
8:00 am	Patrols rally at Pipers Gap	
8:15 am	Begin activities on snow	
12:00 pm	Lunch	
12:45 pm	Begin activities	
2:30 pm	Depart Perisher for Jindabyne	
3:30 pm	Debrief, thank you and paperwork. Pack up / clean up.	
4:00 pm	Depart for Sydney from Jindabyne	
5:00 pm	Arrive Rhythm snow sports Cooma / return hire kit	
9:30 pm	Arrive Sydney	

Ski and Snow shoe hire from Friday 4th Aug 4:00pm to Sunday 6th Aug 3:00pm For Chris Ward 0400096965 Booking number 12443

			shoe size in	
	Name	height in cm	Euro	Ski / Snow Shoe Hire
1	Beaupark Antonio	169	43	I want to hire Snowshoes
2	Beaupark Martin	175	46.6	I want to hire Snowshoes
3	Edyejones Jenny	165	40	I want to hire Snowshoes
4	Greenow Darren	182cm	46	I want to hire Snowshoes
5	Greenow Natasha	168cm	39	I want to hire Snowshoes
6	Schwarz Lily	175	40	I want to hire Snowshoes
7	Schwarz Wilber	150	36	I want to hire Snowshoes
8	Stalgis Amy	160	39	I want to hire Snowshoes
9	Xu Yolanda	165	38	I want to hire Snowshoes
10	Zong Jesse	135	32	I want to hire Snowshoes
11	Zong Josiah	175	44	I want to hire Snowshoes
1	Bookallil Jack	173	43	I want to hire XC skis NNN BC
2	Buggy Claire	168	42	I want to hire XC skis NNN BC
3	De Fombelle Thibault	158	38-40	I want to hire XC skis NNN BC
4	Edyejones Isaac	157	39	I want to hire XC skis NNN BC
5	Higgins Cameron	185	9.5	I want to hire XC skis NNN BC
6	Higgins Henry	160	4	I want to hire XC skis NNN BC
7	Phillips David	177	44	I want to hire XC skis NNN BC
8	Phillips John	5'4in	41	I want to hire XC skis NNN BC
9	Sadler Aiden	169	41	I want to hire XC skis NNN BC
10	Stokes-Blake Eva	180	Not required	I want to hire XC skis NNN BC
11	Stokes-Blake Paige	160	41	I want to hire XC skis NNN BC
12	Strohkorb Lara	174cm	39	I want to hire XC skis NNN BC
13	Summerfield Lucy	168	41	I want to hire XC skis NNN BC
14	Tsafnat Guy	178	45	I want to hire XC skis NNN BC
15	Ward Brianna	150	37	I want to hire XC skis NNN BC
16	Ward Madeleine	153	37	I want to hire XC skis NNN BC
17	Ward Tarn	135	36	I want to hire XC skis NNN BC
18	Norris Sarah	165	38	I want to hire XC skis NNN BC
19	Crawford Fife	167cm	43	I want to hire XC skis NNN BC
20	Crawford Rosa	167cm	40	I want to hire XC skis NNN BC
21	Garden Byron	188	46	I want to hire XC skis NNN BC
22	Garden Daniel	180	46	I want to hire XC skis NNN BC
23	Lipanovic Amanda	167cm	42	I want to hire XC skis NNN BC

Ski Hire details. If your name is not here its because you registered late

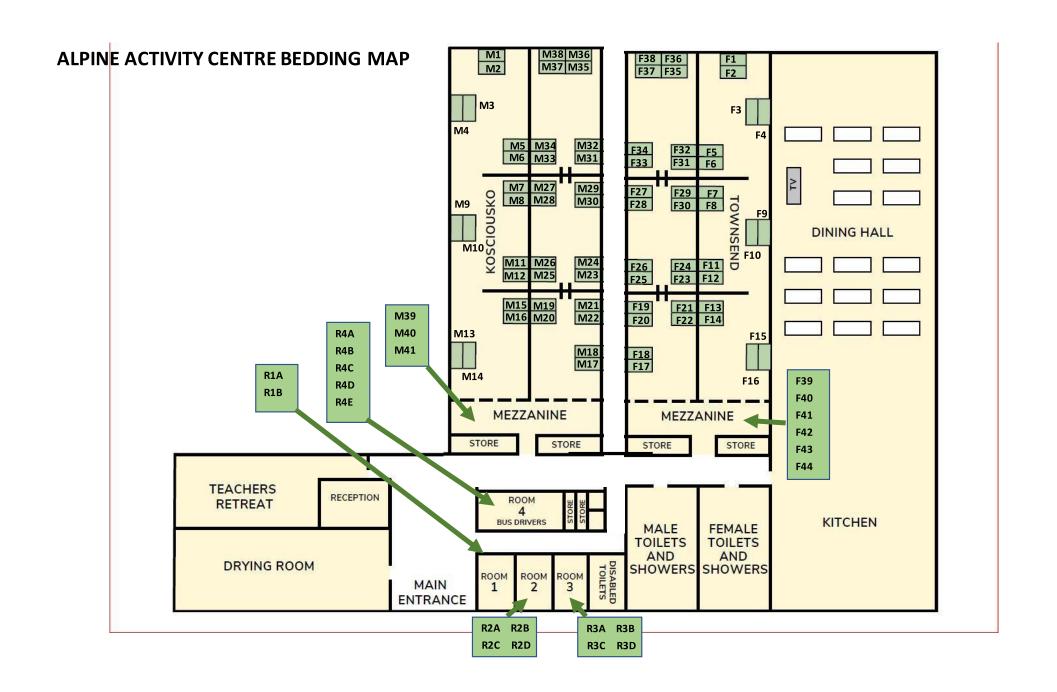
Breakfast	Not Required	Cold: Cereals (weetbix, etc) Hot: Porridge (V,LF) Baked Beans (V) Mushrooms (V,GF,LF) Tomatos (V,GL,LF) Bacon & Sausages (GF) Eggs (V,GF,LF) Breads: White, Wholemeal, Multigrain	Cold: Cereals (weetbix, etc) Hot: Porridge (V,LF) Baked Beans (V) Mushrooms (V,GF.LF) Tomatoes (V,GF.LF) Bacon & Sausages (GF) Eggs (V,GF,LF) Breads: White, Wholemeal, Multigrain
Lunch	Not Required	Prepacked at Breakfast Wraps / Sandwiches Meats Salads / Condiments Fruit	Prepacked at Breakfast Wraps / Sandwiches Meats Salads / Condiments Fruit
Dinner	Soup: Tomato (V,GF,LF) Sides: Bread Drinks: Juice / Hot beverages	Soup: Miso (V,GF,LF) Tomato (V,GF,LF) Main: Bolonaise sauce (GF,LF) Veg Curry sauce (V, GF,LF) Creamy Veg sauce (V, GF) Rice (V,GF,LF) Pasta (V,LF) Sides: Breads Drinks: Juice / Hot beverages	edited
Snacks & Supper	Biscuits	Hot: Peach Crumble + Custard (V) Coconut Rice Pudding (V,GF,LF) Fruit Banana, apple, pear Drinks: Juice / Tea / Coffee / Milo	

Patrol Members

	1	2	3	4	5	6	7	8	Admin	Staff
Patrol	Gentoo Penguin	Adele Penguin	Rockhopper Penguin	Weddel Seals	Leopard Seals	Emperor Penguin	Royal Penguin	Fairy Penguin	Elephant Seals	Crabeater Seal
	Beginer Skiers 1	Beginer Skiers 2	Beginer Skiers 3	Down Hill Skiers	Down Hill Skiers	Advanced Skiers	Snowshoers 1	Snowshoers 2	Admin Team	
Allocated Guide	Adrian Engelbrecht	Sam Aspin	??	Andrew Hay	Eva Stokes-Blake	Chris Ward	Craig Scott	Glenn Stalgis		
Patrol Leader	Michael Tattersall	Jenny Edyejones	Cameron Higgins	Karen Fisher	Xavier Stephens	Michelle Ward	Paul Beiltelis	Amy Stalgis	Chris Ward	Amanda Buggy
2IC	Martin Beaupark	David Phillips	Henry Higgins	Natalie Hay	Paige Stokes-Blake	Brianna Ward	Darren Greenow	Wayne Zong	Glenn Stalgis	Paul Beitelis
Member	Emma Tattersall	Guy Tsafnat	Josiah Zong	Jessica Hay	Lara Strohkorb	Madeleine Ward	Lachlan Scott	Jesse Zong	Craig Scott	
Member	Kara Tattersall	Eyal Tsafnat	Jack Bookallil	Zoe Griffin		Tarn Ward	Natasha Greenow	Yolanda Xu		
Member	Antonio Beaupark	Thibault de Fombelle	Claire Buggy			Jack Phillips	Lily Schwarz	Wilber Schwarz		
Member	Dylan Blackwell					Lucy summerfield				
Member										
Member										
									3	
Total										
46	7	5	5	5	4	7	6	6		1
46 on EMS										
	Indicates mental health First Aid			Indicates Wilderness and or First Aid						

Patrol Duty roster

Patrol - Kitchen duties								
Gentoo Penguin	Adele Penguin	Rockhopper Penguin	Weddel & Leopard Seals	Emperor Penguin	Royal Penguin	Fairy Penguin	Elephant Seals	Crabeater Seal
Saturday Morning								
Clear up after				Sunday Morning Clear				
Breakfast				up after Breakfast				
	Saturday Morning				Sunday Morning Clear			
	Clear up after lunches				up after lunches have			
	have been made				been made			
		Saturday Evening Pre						
		dinner clearing up and						
		serving						
			Saturday Evening Post			Saturday Evening Post		
			dinner clearing up			dinner clearing up		
			kitchen and dining			kitchen and dining		
			room			room		
Patrol - Exit cleaning								
Gentoo Penguin	Adele Penguin	Rockhopper Penguin	Weddel & Leopard Seals	Emperor Penguin	Royal Penguin	Fairy Penguin	Elephant Seals	Crabeater Seal
		Male Toilets and	Female toilets and		Male and Female adult			
		Showers (inside the	showers (inside the	Disabled toilets and	toilets (across the		Guides Room and	
Kosciousko bunkroom	Townsend Bunkroom	hall)	hall)	Hall way	carpark)	Dining Hall and Kitchen	office	Kitchen
Sweep and check for	Sweep and check for			Drying room - empty o	f			
lost property	lost property			lost poperty and sweep				



Bed allocation

Name	Room	Bed number
Buggy Amanda	Room 1	R1A
Buggy Claire	Room 1	R1B
Scott Craig	Room 2	R2A
	Room 2	R2B
Scott Lachlan	Room 2	R2C
	Room 2	R2D
Zong Jesse	Room 3	R3A
Zong Josiah	Room 3	R3B
Zong Wayne	Room 3	R3C
Xu Yolanda	Room 3	R3D
Ward Brianna	Room 4	R4A
Ward Christopher	Room 4	R4B
Ward Madeleine	Room 4	R4C
Ward Michelle	Room 4	R4D
Ward Tarn	Room 4	R4E
Stalgis Glenn	Kosciusko Mezzanine	M39
Paul Beiltelis	Kosciusko Mezzanine	M40
Tattersall Michael	Kosciusko Mezzanine	M41
	Townsend Mezzanine	F39
Sam Aspin	Townsend Mezzanine	F40
	Townsend Mezzanine	F41
	Townsend Mezzanine	F42
	Townsend Mezzanine	F43
	Townsend Mezzanine	F44

		Bed			Bed
Name	Room	number	Name	Room	numbe
Greenow Darren	Kosciusko Dorm	M1	Edyejones Jenny	Townsend Dorm	F1
	Kosciusko Dorm	M2		Townsend Dorm	F2
Engelbrecht Adrian	Kosciusko Dorm	M3	Lipanovic Amanda	Townsend Dorm	F3
	Kosciusko Dorm	M4		Townsend Dorm	F4
Beaupark Martin	Kosciusko Dorm	M5	Griffin Zoe	Townsend Dorm	F5
	Kosciusko Dorm	M6		Townsend Dorm	F6
Tsafnat Guy	Kosciusko Dorm	M7	Stokes-Blake Eva	Townsend Dorm	F7
	Kosciusko Dorm	M8		Townsend Dorm	F8
Higgins Cameron	Kosciusko Dorm	M9	Hay Jessica (over 18)	Townsend Dorm	F9
	Kosciusko Dorm	M10		Townsend Dorm	F10
Phillips David	Kosciusko Dorm	M11	Greenow Natasha	Townsend Dorm	F11
	Kosciusko Dorm	M12		Townsend Dorm	F12
Hay Andrew	Kosciusko Dorm	M13		Townsend Dorm	F13
	Kosciusko Dorm	M14		Townsend Dorm	F14
Dylan Blackwall (over 18)	Kosciusko Dorm	M15	Fisher Karen	Townsend Dorm	F15
	Kosciusko Dorm	M16		Townsend Dorm	F16
	Kosciusko Dorm	M17		Townsend Dorm	F17
	Kosciusko Dorm	M18		Townsend Dorm	F18
	Kosciusko Dorm	M19		Townsend Dorm	F19
	Kosciusko Dorm	M20		Townsend Dorm	F20
Stephens Xavier	Kosciusko Dorm	M21	Stokes-Blake Paige	Townsend Dorm	F21
•	Kosciusko Dorm	M22		Townsend Dorm	F22
Tsafnat Eyal	Kosciusko Dorm	M23	Summerfield Lucy	Townsend Dorm	F23
·	Kosciusko Dorm	M24		Townsend Dorm	F24
Bookallil Jack	Kosciusko Dorm	M25	Schwarz Lily	Townsend Dorm	F25
	Kosciusko Dorm	M26		Townsend Dorm	F26
Beaupark Antonio	Kosciusko Dorm	M27	Tattersall Emma	Townsend Dorm	F27
	Kosciusko Dorm	M28		Townsend Dorm	F28
De Fombelle Thibault	Kosciusko Dorm	M29	Crawford Rosa	Townsend Dorm	F29
	Kosciusko Dorm	M30		Townsend Dorm	F30
Schwarz Wilber	Kosciusko Dorm	M31	Strohkorb Lara	Townsend Dorm	F31
	Kosciusko Dorm	M32		Townsend Dorm	F32
Phillips John	Kosciusko Dorm	M33	Tattersall Kara	Townsend Dorm	F33
,	Kosciusko Dorm	M34		Townsend Dorm	F34
Higgins Henry	Kosciusko Dorm	M35	Hay Natalie	Townsend Dorm	F35
	Kosciusko Dorm	M36		Townsend Dorm	F36
Crawford Fife	Kosciusko Dorm	M37	Stalgis Amy	Townsend Dorm	F37
o.dir.o.d	Kosciusko Dorm	M38	- ta.Bis / iiii	Townsend Dorm	F38



Activity Centre Camp Packing List

This document provides important information to assist in packing for camp. Please be aware this is not intended to be a comprehensive list of everything you could need.

All Guests

If you visit our site, even for a short time, please bring the following items:

- Enclosed shoes
- Jumper or other warm clothing
- Wet weather gear
- Hat
- Personal medication
- Sunscreen
- Insect repellent
- Water bottle

Overnight Guests

If you are staying overnight on our site, please ensure you also bring:

- Bedding for cabin stay (sheet set, sleeping bag or quilt, pillow)*
- Bedding for camping (sleeping bag, pillow, camping mattress and tent)*
- Toiletries (toothbrush, toothpaste, soap, shampoo etc.)
- Bath towel
- Sleep wear
- Underwear, Socks
- Change of clothes for each day (t-shirts, shorts etc.)
- Warm clothing (trackpants, puffy jacket, beanie etc.)
- Spare pair of enclosed shoes
- Torch
- Mess kit for camping including plate, bowl, fork, knife, spoon, cup and tea towel (preferably sturdy picnicware, please do not bring breakable or flimsy disposable items)
- Day pack/backpack

For Outdoor Activities

If you are doing outdoor activities with us, please ensure you also bring:

- Extra pair of covered shoes (that can get wet and muddy)
- Extra pair of clothes for challenge valley (that can get muddy)
- Long sleeved tops and long pants (especially for caving)
- Swimmers and rash shirt for waterslide
- Beach towel
- Hair ties for long hair

Sleeved shirts are recommended for sun protection. Outdoor activities may result in damage / soiling of clothing. Please ensure clothing is suitable for outdoor recreational use.

Extra Stuff

Here are some other things you might want to bring:

- Plastic bag (to take wet/dirty clothes home in)
- Shower thongs
- Sleeping bag liner
- Camera

Please note we are an allergy aware site. **Do not** bring nuts or products containing nuts onto our site.

^{*}We DO NOT provide bedding. Linen packs can be hired with prior arrangement.

^{*}Roll mat and tent can be hired with prior arrangement.

RECOMMENDED MINIMUM EQUIPMENT & CLOTHING FOR DAY TRIPS

INDIVIDUAL EQUIPMENT

Water bottle [minimum 1 litre]
Compass [optional] and whistle
Personal First aid kit [small]
1 Plastic garbage bags for waterproofing pack contents
Sun glasses and sunburn cream
Waterproof jacket & over pants [eg. Gore-Tex/japara] – not padded
parka, not bib & brace, not leather
Warm trousers [eg wool army pants - not jeans or cotton]
Long underwear/thermal underwear
A spare jumper/outer layer – wool or polypropylene/fibre pile – and/or
wool/flannelette shirts
Beanie
Fleece or similar warm gloves
Mitts as protective over-gloves
Warm socks – 2 pairs
Light day pack
Change of warm dry clothing must consist of socks, jocks, warm shirt,
jumper and pants, shoes. [to be left in the cars] Have this prepacked
in a shopping bag, which is clearly labelled.



GROUP EQUIPMENT

It is recommended that the leaders carry the following equipment as a safety precaution.

□ Good sleeping bag rated minus 5 degrees Celsius or better - with hood, zip, flap, down/hollow fibre filling (not sewn through) and an inner sheet
 □ Reliable cooking device and fuel, billy set & grips
 □ Good rucksac - maximum weight loaded 15 kgs.
 □ Shovel, hand trowel - to did in dirt and snow.
 □ Personal first aid kit

Patrols – equipment to be shared over the group.

- □ Toilet paper. [full roll per group not necessary]
- □ Closed-cell foam mat and Plastic groundsheet for sitting on







Alpine Activity Centre

Guest Information



Thank you for choosing to stay at the Alpine **Activity Centre.**

We are sure that your stay here will be both memorable and enjoyable.

The location

Located in Jindabyne, this property is the perfect base for all your adventures in the local area.

We are a short stroll into town, a stone's throw from the lake, with amazing lake views and large grassed areas. The property is an oasis of its own in Jindabyne.

Guests have private off street parking and this is a secure property.

Here in Jindabyne, we are on the doorstep of Kosciusko National Park. It is a 20 minute drive to the Ski Tube, a 30-40 minute drive to Perisher or Thredbo and a 50 minute drive to Charlottes Pass (only in summer, road is closed at Perisher in winter.)

Activities you can access in the local area:

- Skiing/snowboarding
- Mountain biking
- · Lake activities such a canoeing, fishing and boating
- Hikes in the high country
- Horse riding
- Caving
- Hot air ballooning
- Rock-climbing/Abseiling
- Camping

Accommodation on the site

Located on a sizable block, there are 3 separate accommodations that make up the Alpine Activity Centre: The Tony Balthasar Lodge and two Fred Read Cottages – Blue Gum and Kanangra.

Tony Balthasar Lodge

This Lodge was built in 1981 and has been the base for many outdoor adventures in the area.

The Lodge comprises of dormitory-style sleeping with some smaller rooms, a large commercial kitchen and dining area, drying room with shelving for boots etc., male and female cubicle style bathrooms, separate easy access bathroom, and a quiet area for staff and leaders. Total capacity of the Lodge is 85 people.

Lodge layout and bedding

2 x large dorms bunk style (19 bunks in each dorm separated in to partitioned areas of 4 bunks)

2 x rooms with 2 single beds

1 x room with 2 bunks

1 x room with 2 bunks and 1 single (Room

4 - Bus Driver)

See Lodge layout map on next page



Commercial kitchen



The Tony Balthasar Lodge

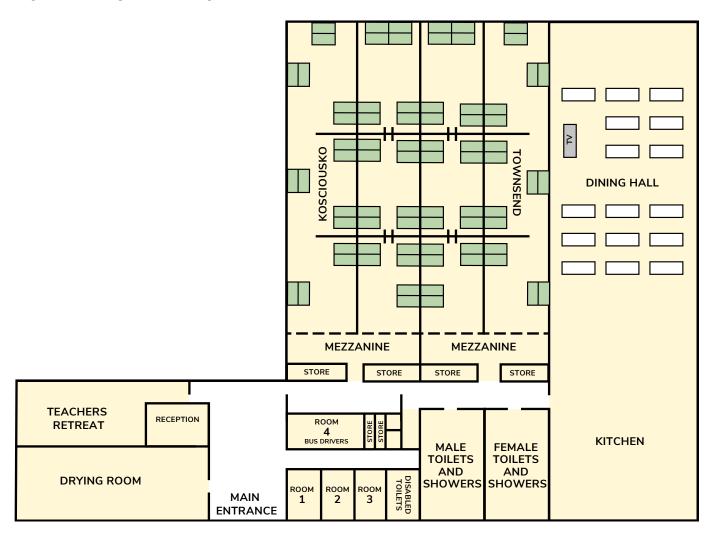


Dormitory-style accommodation



Dining area

Alpine Activity Centre map



Tony Balthasar Lodge arrival and departure information

On arrival

- Check in is from 3pm. Phone 6456 2433 to check in at reception – if arriving after 8pm please make arrangements with the care taker
- Group leader to meet with caretaker for a 10 minute face to face orientation
- Bed allocation and group leader to orientate group
- Refer to cleaning checklists located in the dormitory, kitchen and bathroom

On departure

- Refer to cleaning checklists. Please ensure the lodge is left in the same clean and tidy condition as arrival
- · Group leader to inspect and ensure cleanliness of lodge
- Check out is by 10am
- Bag storage is to be arranged prior

Fred Read Cottages

These two cottages are a cosy place to get away, with lake views from the front veranda and open living which is perfect for those winter getaways or a summer vacation by the lake. The cottages include linen and bedding (sheets, doona and towels). Note: there is no WIFI in the cottages.

Blue Gum Cottage

Sleeps 10 over 3 rooms. 1 king and 2 rooms with 2 bunks in each. Open plan kitchen/dining/lounge, mud room with drying room attached, washing machine/dryer, 2 bathrooms with 2 separate toilets, heating and air conditioning, dishwasher and a BBQ on the veranda.

Kanangra Cottage

Sleeps 8 over 3 rooms. 1 king, 1 double and 2 bunks. Open plan kitchen/dining/lounge, mud room with drying room attached, washing machine/dryer, 2 bathrooms with a separate toilet, heating and air conditioning, dishwasher and a BBQ on the veranda. The cottage is wheelchair accessible.



Blue Gum and Kanangra Cottages



Dining and lounge room



Queen room

Cottages arrival information

Location: Entry to cottages via 21 Barry Way. Turn into the driveway (there will be a brick bin bank on the right) and take the first right through the open double gates. Bluegum cottage is on the left and Kanangra cottage is on the right.

Check In: Self-check-in is available after 4pm

Keys are in a secure lockbox on the left of the door (door is located on the side of the cottage). The code will be sent via email one day prior to arrival.

Check out information

Check out is by 10am. Make sure to collect all your belongings and food supplies from the kitchen. If you require a place to store your belongings, please contact management prior to your check out date to confirm if this is possible.

To assist us upon checkout, please help by;

- Taking the garbage and recycling out from the cottage and place it in the large outside bins found by the gate
- Place your towels in the laundry
- Unpack the dishwasher and put away any dishes
- Clean out the fridge and wipe up any spills
- If you have rearranged furniture, please return it to its original state
- Please wipe down kitchen surfaces and leave the kitchen clean and tidy
- Turn off the lights and heating
- Lock the cottage and place the key back in the lock box
- There is no Wifi across the Centre.





To make your stay more comfortable at Alpine Activity Centre

- Please try to park in the Activity Centre carpark especially if you are in a coach or bus.
- Quiet times are from 9.00pm until 8.00am which means noise must not be heard outside the Centre.
- Care should be taken when using walkways around the site. Appropriate foot wear should be worn at all times. Care should be taken during periods of high winds. Remain indoors wherever possible.
- Guests should use paths. Garden areas are off limits. No flowers, shrubs or trees to be picked.
- Please don't approach our native animals as we like them to live a stress free camp lifestyle.
- No wood cutting implements are to be brought to the Centre.
- Consumption of alcohol at the Centre is subject to pre-approval from the Centre Manager and if approved it is expected consumption will be moderate, appropriate to the occasion and only by adults, (ie. over 18 years of age).
- Fires can only be lit with pre-approval from Centre Manager.
- Fire bans must be observed.
- Fires may only be lit in authorised fireplaces or campfire circles.
- Garbage and litter should be collected in garbage bags and placed in the bins at the rear of the kitchens. Recycling should be practiced.
- No food or drink to be taken into bunkrooms.
- Smoking is not permitted on site.
- Any furniture or equipment moved by the Hirer must be returned prior to vacating site.
- Guests to supply their own First Aid Kits.
- No pets are to be brought to the Centre.
- In an emergency a siren will sound and guests and staff are to assemble at the evacuation point on the large grassed area at far end of large lodge.
- Please note that there is no Wifi available across the Centre.

